

# How to Prepare for NEET PG 2026? Check Best Books, Important Topics and Study Plan



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*Candidates who will be appearing for NEET PG 2026 exam should know tips to score well in the exam. They should have clarity on what to study and how to study. Read the article to know NEET PG 2026 preparation tips which help you to score well in the exam.*



NEET PG 2026: Cracking any entrance exam needs dedicated efforts, proper planning, and the right strategy. The same rule book is for the NEET PG exam also where candidates are expected to set the goal of scoring good marks and work towards them at a slow and steady pace. Knowing ways to achieve the target is the key. Those who wish to crack NEET PG 2026 must-know tips and tricks to crack the exam. [NEET PG](#) exam date will be announced by NBE. NEET PG 2026 is expected to be held in August 2026.



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Candidates should have an idea about 'what and how' part in the very initial stage of [NEET PG preparation](#). Candidates must be clear about what to study and how to study for [NEET PG 2026](#) in order to score well. As NEET PG is one of the toughest entrance exams, candidates must not leave any stone unturned to make things work. They should have an idea about important topics, the best books and other aspects of the preparation. Some of the tips given below will certainly help candidates to get through the NEET PG 2026 exam.

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## Start early

Starting early has a set of advantages. One of the important ones is that candidates have enough time to explore every aspect of preparation for NEET PG 2025. Those candidates who start preparation from the third-fourth year of MBBS have the upper hand than those who start late. Candidates must note that starting early doesn't mean to solve MCQ from MBBS days but to focus on concept building from the very beginning. Keeping the fact in mind that you will be appearing for NEET PG in near future, start taking notes of every topic. Try to clear as many as doubts possible in the class. Preparing all the topics of MBBS will automatically help candidates as [NEET PG syllabus](#) comprises many of the subjects of [MBBS](#) curriculum.



## Know the syllabus

NEET PG syllabus is one of the basic resources that help candidates to plan things in a systematic manner. With NEET PG syllabus in mind, candidates get a fair idea about the subjects to be prepared for the NEET PG 2026 exam. NEET PG syllabus also give an idea about other aspects like the topics in each subject and the time the candidates will take to prepare them thoroughly.

## Time schedule

Time schedule is something which is of utmost importance. Those who will be appearing for NEET PG 2026, should make a daily study plan. This comprises the study schedule of the whole day. Candidates should identify monthly strategies and weekly targets in terms of preparation. This helps candidates to prepare each subject within the set timeframe.

## Focus on building concepts

In the NEET PG exam, many analytical, image-based questions are asked which need thorough study. The concept is crucial to solving these questions. Candidates should focus on building concepts. There should not be any confusion or doubt on any topic. If that crops up, they should seek the help of seniors, professors or any other mentors to get clarity on that front.

## Preparing notes

Notes contain highlighted points of a particular topic. While going through with topic during the initial stage of preparation, candidates must prepare notes, comprising important points of that particular topic. The exercise helps the candidate during revision. At that time, they don't need to refer to the whole book. The self-made notes make them remember everything of that particular topic.

## Identify important topics

Topics that hold more weightage are considered important. Candidates should aim to study these topics thoroughly so that not a single questions get unanswered in the NEET PG 2026 exam. As per the previous year's [NEET PG pattern](#), some of the important topics are



General Medicine, General Surgery, Obstetrics & Gynaecology, Pathology, and Pharmacology. Ideally, the candidate should spend a week on a vast topic and 3-4 days on a short subject. The difficult topic should be prepared first followed by the easier and easiest one.

## Refer Best Books

Books are something that helps candidates to develop a base for the NEET PG 2026 preparation. As NEET PG exam needs deep knowledge of the topic, choosing best books and reference material is crucial. Candidates must choose books that have a clear concept of the topics. One important point is candidates must not get confused with too many books and reference material. Get one reference book of each topic and try to build a concept. The table below mentions some of the NEET PG preparation books which candidates can refer to:

Subjects	Name of the book	Authors
Anatomy	Self assessment and review of Anatomy	Rajesh Kaushal
Pharmacology	Review of Pharmacology	Gobind Rai Garg and Sparsh Gupta, Ranjan Patel
Medicine	Complete review of medicine for NBE	Deepak Marwah or Mudit Khanna
Pathology	Review of Pathology and Genetics	Sparsh Gupta & Devesh Mishra
Surgery	Surgery essence	Pritesh Singh SRB
Biochemistry	Self assessment and review of Biochemistry	Rebecca James



Physiology	Review of Physiology	Dr. Soumen Manna Dr. Krishna Kumar
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## Practice previous year's question papers

After finishing the NEET PG syllabus, one must practice previous year's question papers and sample papers. This exercise makes candidates to do a reality check of the preparation strategy. [NEET PG question papers](#) give candidates an idea about the type of questions being asked in the exam and their difficulty level. Solving question paper of NEET PG candidates get to know the areas of their strengths where they have command and weakness where they still have to make the ground.

## Regular revision

Once candidates finish the whole syllabus of NEET PG 2026, candidates should focus on revision which helps candidates to memorise things. Regular and repeated revision is very important. At least 2-3 revision is must before the exam.

## Remain focussed and positive

Candidates must not lose focus at any stage of the NEET PG 2026 preparation by taking too much pressure. Remain cool, calm, and composed. Ideally, 6-8 hours of focussed study is enough. Change the timetable on regular intervals to break the cycle of the monotonous routine. Another important thing is to get some spare time to unwind yourself.

### Read more

- [NEET PG 2023 Topper Interview: Dr. Aarushi Narwani \(AIR 1\) says harder you work today, the brighter you shine tomorrow](#)
- [How many subjects are there in NEET PG?](#)
- [How to prepare for NEET PG with a job?](#)

