

Diploma in Yog Science

| Sr.No. | Name of the subject | Subject Code | Credit |
|--------|------------------------------------------------------|--------------|--------|
| 1. | Maharshi Patanjali Yog Darshan-Saidhdhaantik Abhyaas | DYS-01 | 6 |
| 2. | Yog Vidyama Shikshan Padhdhatio | DYS-02 | 6 |
| 3. | Yogik Svaasthya ane Yogik Chikitsa | DYS-03 | 6 |
| 4. | Ashtang Yog Saidhdhantik | DYS-04 | 6 |
| 5. | Ashtang Yog Prayogik | DYS-05 | 6 |
| 6. | Path Aayojan (practical) | DYS-06 | 6 |