

Certificate in Yoga Science (CYS)

Sr.No.	Name of the subject	Subject Code	Credit
१.	Yoga-Prichaya-Maharishi 5tanjali Yogadarshanam	CYS-01	8
२.	Physical Science-Mental Health	CYS-02	8
३.	Ashtanga Yoga-Healthy Lifestyle	CYS-03	8
४.	Practical course	CYS-04	8